



Seshadripuram Educational Trust

SESHADRIPURAM COLLEGE

27, Nagappa Street, Seshadripuram, Bengaluru – 560 020

NAAC Accredited Grade 'A+ +'

(Affiliated to Bengaluru City University)

ISO 9001:2015 Certified Institution

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SARVODAYA



PROGRESS OF ALL

NSS Newsletter of Seshadripuram College

2022-23

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Secretary Message

Nadoja Dr. Wooday P. Krishna

Honorary General Secretary
Seshadripuram Educational Trust



I am very happy that Seshadripuram College is bringing out an exclusive newsletter of the NSS called 'Sarvodaya'. Sarvodaya is a term coined by Mahatma Gandhi, which means 'Universal Uplift' or 'Progress of all'. This initiative of the College to bring out a newsletter of the NSS unit to document and present all the activities and programs in an academic year is commendable.

The basic aim of NSS is to instil the idea of social service and responsibility in students. The NSS volunteers of Seshadripuram College have done exemplary work throughout the year. I congratulate the Principal Dr. B. G. Bhaskara the NSS Programme Officer Sri Manjunath H. and all the NSS volunteers for living up to the proud reputation of the unit which has won many awards at the State and National levels. With their range of programmes and activities this year, they have made a positive impact in many areas. I am sure that with the Gandhian principle of service to the needy deeply instilled in the volunteers, the NSS unit of the college will continue to work with commitment towards making a better world for all of us.

Chairman Message

Sri M. S. Nataraj

Honorary Asst. Secretary, SET
Chairman, Governing Council
Seshadripuram College



The release of the NSS newsletter 'Sarvodaya' by the NSS unit of Seshadripuram College serves as a testament to the vision of the College "To empower every individual with knowledge and self-confidence." The activities by the Unit during the Academic Year 2022-23 presented in the newsletter showcases the character-building approach that the College has adopted-be it socially sensitive leadership skills, community development or unconditional service-mindedness.

I congratulate the Principal, Dr. B. G. Bhaskara, the NSS Programme Officer, Sri Manjunath H. and his NSS Unit for all the work and service they have done over the year including the publication of this newsletter.

From The Principal's Desk

Dr. B. G. Bhaskara
Principal and
Editor-in-Chief, Sarvodaya



The National Service Scheme Unit of Seshadripuram College is one of the most important and effective wings, striving to achieve to give back towards the society. The unit can be considered the epitome of practical thinking, enabling the student fraternity to tackle problems in a responsible and matured manner. The unit strives in its constant endeavor to excel in the services provided to the community by arranging and involving in multiple programs towards community and national development.

During the academic year 2022 - 23, the NSS Unit has organized innumerable activities, programmes and Special camp towards upholding its root cause of betterment of the community.

On the same front, it gives me immense honor to announce that the NSS Unit of our Seshadripuram College, has organized a **7 Days Special Annual Camp** in Kadaramangala village, Chennapatna Taluk, Ramanagara District to taken up the responsibility of catering to the needs of the villagers and to improve the overall development of the place.

Focusing on the individual achievement end, one of our NSS Volunteer **Varsha K C** has been Selected for State R D Parade in Maniksha Parade Ground Bengaluru account of Republic day 2023. And Pavithra U has taken opportunity to be a Sports Officer for a day on Account of **"International Gils Child day"** in Dept. of Youth Empowerment and Sports.

I take pride in stating that the number of physical activities that were conducted by the unit and the participation of the same, our NSS Volunteers projected their resiliency and fearless attitude yet again.

On behalf of the college, I express immense gratitude towards Seshadripuram Educational Trust for their support through everything. I would also extend humble gratitude to Mr. Pratap Lingiah, State NSS Officer for his guidance and support. I would like to thank and honour our NSS Programme Officer **Manjunath H** and all the NSS Volunteers who took initiatives and participated in all the programmes being conducted, which in turn has made the college proud.

Message from State NSS Officer

Dr. Pratap Lingaiah

State NSS Officer

Government of Karnataka



The NSS unit of Seshadripuram College has given our youth a new and unique way to contribute to the society. With the experiences from NSS. I'm sure that all volunteers will learn how to lead a life of dignity with positive mindset and contribute to the growth of nation.

I am delighted to know that NSS unit of Seshadripuram College is bringing out a newsletter "SARVODAYA" highlighting the activities and achievements of the NSS unit of the college.

The NSS unit of Seshadripuram College will achieve greater success by the involvement and dedication of Young volunteers.

Message from BCU NSS Program Co-ordinator

Dr. Govinde Gowda H.G.

NSS Program Co-Ordinator

Bengaluru City University



National Service Scheme has the main motto "NOT ME BUT YOU". It mainly teaches ones equal commitment and co-ordination to build a better society & develops own personality, If everyone works with their own interest they will reach their success.

Seshadripuram College, Seshadripuram - National Service Scheme Unit has conducted many campaigns like digital literacy, Swachha Bharat Abhiyan, cycle jatha, Health camps, Blood Donation camps, Plastic free society, Cancer awareness program, Drug awareness program. One of the aims is that Volunteers should show their responsibility towards the Nation. Volunteers work by taking responsibility and motivating the youth for better environment.

The NSS unit of Seshadripuram College, has launched yearly newsletter "Sarvodaya.", I am very happy to share information and Achievements of the NSS Unit, happenings and many more...

I thank principal of the college, programme officer and all volunteers and wish this will be continued in future endeavors also.

Manjunath H.

Asst. Professor in Mathematics
NSS Program Officer
Seshadripuram College



National Service Scheme (NSS) was introduced in the year 1969 with the primary objective of developing the personality and character of student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Appropriately, the motto of NSS is "NOT ME, BUT YOU". An NSS volunteer places the 'community' before 'self'.

The unit at college level is the grass-root unit in NSS. The NSS Centre keeps contact with the community, administration, student volunteers and Programme Officers through this unit only. Seshadripuram College NSS unit has its own identity and initiatives. The organization and management of NSS unit are of vital significance.

Seshadripuram College NSS unit has conducted many initiative activities, like Awareness jathas taking consideration of any serious issues to be aware of and creating awareness, Students usefull Programms, Participating in RD Camps, National Integration Camps.

NSS Unit of College Organized a 7 Days Special Annual Camp in Kadaramangala village, Chennapatna Taluk, Ramanagara District to taken up the responsibility of catering to the needs of the villagers and to improve the overall development of the place.

In this academic year 2022-2023, NSS unit had organized meaningful community service programs under the Theme **"YOUNG INDIA"**. Being an active member, NSS Volunteer would have the exposure and experience to

- An accomplished social leader.
- An efficient Administrator.
- A person who understands human nature
- Improvement of physical and mental strength.

This year, NSS Unit took part in Social responsible activities like, cycle jaatha rally Creating Awareness of Voting in the assembly elections 2022 Association with Election Commission of india and BBMP. Constitution Day, Drug Awareness Programmes, Voters Awareness programmes, Vaccination drive, about Gandhi ji Books related programmes, National level seminars,, Swachha Bengaluru campaign , Life skill programme for NSS Volunteers, World Environment Day Celebration in College and Rajabavana, National level Workshop on World Environment Day June 5, 2022. International Yoga Day 2023.

I am truly grateful to our esteemed Management, Specially to Shri.N .R. Panditharadya. President, Seshadripuram Educational Trust, Nadoja Dr. Wooday P. Krishna, Hon. General Secretary, Seshadripuram Educational Trust and Sri M.S. Nataraj, Chairman, Governing Council and all the Trustees for their support and guidance. I thank Dr.Prathap Lingaiah, State Liaison Officer, NSS, Dr. Govinde Gowda, NSS Co-ordinator , Bengaluru City University, Dr. B G Bhaskara, Principal, Seshadripuram College for whole-hearted support and encouragement. I am grateful to Savitha Bai, Office Superintendent, Prof. Veena R, HOD, BCA and Prof. Kala Nayak, HOD, Commerce and Management and to all the teaching and non-teaching staff of the college for their kindhearted support and motivation. I would like to express my appreciation to our NSS volunteers for their enthusiastic participation and involvement in organizing all the programs and activities of the NSS unit, and to the Student Editorial team who have worked hard to bring out of this newsletter Sarvodaya and Alumni and to publish NSS News Letter.

ABOUT INSTITUTION



Established in 1973 and affiliated to Bengaluru City University, Seshadripuram College quickly attained a prominent position among the limited number of undergraduate colleges in Bangalore at that time. In these 50 years, the number of degree colleges in Bangalore has seen an astronomical growth, but Seshadripuram College continues to maintain its reputation and position. From a meagre strength of thirty students at inception, the student strength has grown substantially to 3000 with a commensurate expansion of the faculty. It is one of the first of the affiliated colleges to be granted PG courses and to offer the BBM course. The institution has been awarded the highest 'A++' grade in the 4th cycle of NAAC accreditation and regularly features among the top Commerce colleges not only of Bangalore but of the country, in rankings announced in leading national news magazines. Its students regularly find a place among rank holders in the university and its placement records are outstanding. This reputation sustained through more than 4 decades is due to the institution's ability to adapt itself to the changing needs of the times without losing touch with its core values. The college attempts to create a stimulating teaching-learning environment which equips students with the knowledge and skills required to face the challenges of the globalized environment. At the same time, it is committed to instilling a deep sense of social responsibility and self-discipline in its students. It also strives to cultivate a warm, cordial and mutually supportive relationship with all its stake holders.

NATIONAL SERVICE SCHEME (1969-2023)



The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhi's Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The programme aims to instil the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. Volunteers are also trained to provide help in natural and man-made disasters by providing food, clothing and first aid to affected people. There are two types of activities: Regular Activities (120 hours) and Annual Special Camp (120 hours). The Annual camps are known as Special Camps. Annual Camps are held annually, funded by the Government of India, and are usually located in a rural village or a city suburb. Volunteers may be involved in activities such as:

1) Cleaning 2) Afforestation 3) Stage shows or a procession creating awareness of such issues as social problems, education, and cleanliness 4) Awareness Rallies 5) Inviting doctors for health camps.

CLEANING CAMPAIGN

Date :19-10-2022



On account of National Service Scheme Day and also a part of Swatch Bharath campaign. NSS unit of Seshadripuram College participated in a cleaning campaign on 19th October 2022. All the volunteer were asked to clean the surrounding around Seshadripuram that is in and around the college campus. It was a successful program and all the volunteer were satisfied of joining this campaign in order to provide something to the society.

INAUGURATION OF NSS ACTIVITIES 2022-23

Date: 21-10-2022



Seshadripuram College in association with state NSS cell and Department of Youth Empowerment and Sports organized inauguration of NSS activities 2022-23 and installation of systematic voter's education and electoral participation (SVEEP) on 21st October 2022 in the college auditorium. The Programme was inaugurated by Sri K. Srinivas I.A.S, Deputy Commissioner and District Magistrate, Bengaluru urban district with Sri Prathap Lingaiah, State NSS officer and M.S Nataraj, Chairman, Governing Council along with Dr. Merra. H. N principal Seshadripuram College. The Programme was organized in order to notify the fresher's about national service scheme all the activities from past years was clubbed and played in video format and also existing volunteers shared their experiences. The chief guests addressed the session and enlightened the young minds. Installation of SVEEP occurred. Volunteers actively took part and it was a successful programme.



VOTERS AWARENESS WALKATHON

Date : 09-11-2022

Voter awareness walkathon was organised by NSS unit of Seshadripuram College in order to create awareness among the general public regarding their voting rights. It was held on 9th November 2022 in association with Systematic Voters Education and Electoral Participation (SVEEP). The walkathon was conducted from Hudson Circle, Cubbon Park Central Library, High Court, Vidhan Soudha, Press Club and Raj Bhavan. All volunteers took active role in educating the public.



SPECIAL ENROLLMENT DRIVE

Date : 17-11-2022

NSS unit of Seshadripuram College took part in special enrolment drive on 17th November 2022 held at Seshadripuram College. The program was organised by Electoral literacy club, National Service Scheme in association with Election commission of India, BBMP (Gandhinagar constituency). Voting and electing the suitable representatives enables country's development. Accordance with that this special drive was organised representatives from BBMP gave guidance on registration of voter identity card. It was successful programme.



KANNADA RAJYOSTAVA

Date : 18-11-2022

NSS unit of Seshadripuram College participated in Kannada Rajyostava organized by Kannada Department along with Tarang cultural committee of our college. The programme was held on 18th November 2022. The programme was conducted in Seshadripuram College. The chief guest of the programme was Sri T. S. Nagabharan, an Indian film director in the Kannada film industry and a pioneer of parallel cinema. Kannada as language provides experiences and the importance of it as highly constructed language. The program pursued the volunteers to remember the golden heritage of our state.



APOLLO HOSPITAL WALKATHON

Date : 20-11-2022



On the occasion of world diabetes day NSS unit of Seshadripuram College participated in the walkathon which was held on 20th November 2022. Walkathon was organized from Apollo hospital, Bengaluru and ended at Malleshwaram ground. This initiative was to raise awareness against diabetes and witness people from different walks of life coming together to create awareness on the importance of walk-in order to control diabetes. Gracing the occasion the chief doctor of Appollo hospital addressed the session on importance of walking. Furthermore, free diabetes screening was also conducted by hospital for participants. It was an effort to guide people to start walking frequently and prevention diabetes. The walkathon with the theme 'Walk Madi Diabetes Solsi' received an overwhelming participation and the volunteers had almost satisfaction.

STATE LEVEL THREE DAY NSS CAMP

Date : 22-11-2022 to 24-11-2022



State level three day NSS camp was conducted in Gandhi Bhavan. It was organised by Karnataka Gandhi memorial fund national service project , department of youth and Buddha Basava Gandhi cultural trust.

Day -1

The camp was inaugurated by flag hoisting by Shri K M Revanna. The program's chairmanship was carried by Nadoja Dr. Wooday P. Krishna, Honorary General Secretary. Volunteers were enlightened by the words of eminent guests. The volunteers were active and cheerful on the first day of the camp.

Day-2

The second day of the camp started with National Anthem and State Anthem. Activities like Sharamadhan was done near Gandhi Bhavan premises. Volunteers attended sessions on Gandhii's teachings and Vivekananda's teachings

along with debates and cultural events. Volunteers also did ground work of planting new saplings in the Vallabh Niketan ashram garden and Library book sorting.

Day-3

The third day of the camp was a great start. The volunteers participated in competitions like Singing of Patriotic Songs, freedom fighters costumes and essay competition about Gandhiji. In the afternoon, there was valedictory Programme for which volunteers dressed in ethnic attire. Valedictory was given by Shri Pratap Lingaiah, State NSS Officer and also by Shri Manjunath H. The prizes and certificates were distributed to volunteers by Dr. Bimmanual Ramegowda.

The camp was successful one where the volunteers had a great and informative experience.

YIPPEE BETTER WORLD PROGRAMME

Date: 15-12-2022

NSS unit of Seshadripuram College participated in an appreciation programme organized by way for life in collaboration with ITC, Government of Karnataka Department of youth empowerment and sports. National Service Scheme and UPKRIT at Yavanika 2022. On 15 December 2022

The programme was inaugurated by Dr. Shalini Rajneesh, IAS, Additional Chief Secretary Department of planning, programme monitoring and statistics, Youth empowerment and Sports Government of Karnataka along with Shri M.P. Mullai Muhilan, IAS Commissioner Department of Youth Empowerment and Sports Government of Karnataka. Dr. Bhavna Sharma, India Head- Nutrition Science department (ITC) and Aishwarya Singh, India Head Marketing Manager (ITC).



The programme was all about appreciating the Volunteers who had worked in association with the NGO way for life by creating awareness on plastics and sustainable lifestyle amongst the students of Government Schools and also encouraging them to take up such activities in future days.

GREEN CAMPS [NGO]

Date : 30-12-2022

NATIONAL YOUTH DAY

Date : 12-1-2023



NSS unit of Seshadripuram College in collaboration with YUVAKA Sangha conducted orientation on green campus on 30th December 2022 in Seshadripuram College. Green Campus is a program regarding educating school students about the waste and water management the orientation was conducted to give insights to this volunteers about the process of conducting green campus program at different schools. The volunteers conducted the program from 14th January 2023 to 28th January 2023 in Government High school, Srirampur and Government Primary School, Srirampur. Volunteers conducted games related to water conservation and waste management and informing about the facts and different ways they could conserve a green society. The students of the Government schools made a good use of this sessions thought by the volunteers which made the program a successful one.



To commemorate the birth anniversary of Swami Vivekananda, make of modern India. National Youth Day is celebrated with great joy, enthusiasm every year in India on 12th January NSS Volunteers of Seshadripuram College actively took part in the programme and made it a huge success volunteers learned about the principles of Swami Vivekananda.

It was a great opportunity for the volunteers to take part in this major and important programme volunteers had attended a full day seminar. Swami Vivekananda is considered to be greatest leader of all times and had influenced many Indians.

ECOLOGICAL CONSERVATION

Date : 18-1-2022



NSS unit of Seshadripuram College in association with Karnataka State Pollution Control Board and Eco-Mitra committee organized, 'Yaksha Dashami Parisara Jagruthi Yakshagana' in college Ranga Mandira on 18th January 2023. This programme was organised in collaboration with Ghana Saurabha Yakshagana School, Bengaluru. This programme was inaugurated by Dr. Ravi D. R., Environmental Authority Karnataka State Pollution Control board with other dignitaries. Yakshagana dance took place with the motive of creating awareness in the young minds regarding conservation of Environment. It was an informative programme and all the volunteers gained immense knowledge.

ANGANWADI HABBA

Date : 21-1-2023

NSS unit of Seshadripuram College Volunteered in Anganwadi Habba programme on 21st January 2023 at Yelahanka satellite town.

This programme was organized by the department of women and child development, Cow & makkala jagriti. This was a festival to celebrate early childhood care and education in Anganwadis. As a whole this programme won a training session to all the Anganwadi teachers for them to cope up with the children.

There were experiential learning stalls setup, Demo of model ECCE frontline Anganwadi. Activities for domains of Development, parenting in early years, importance of ECCE and role of Anganwadis. Creation of teaching, learning materials we proposed.

It was a very good experience to all the volunteers.



REPUBLIC DAY

Date : 26-01-2023

The 74th Republic day was celebrated on 26th January 2023. The NSS unit of Seshadripuram College took part in celebration of Republic Day programme in the college coordinating with NCC, Rangers and Rovers.

The programme was inaugurated by the members of the Seshadripuram Trust. The event was followed with marching, flag hoisting and special performance from all the different units of our college. Volunteers took part actively. There programme was concluded with 'National Anthem'. The National Anthem song filled with a air and sense of national pride and Unity.



YOGATHON

Date : 28-01-2023

NSS unit of Seshadripuram College participated in a Yogathon named "Rathasapthami Suryanamaskara Yaghna" conducted in front of Vidhana Soudha on 28th January 2023. NSS volunteers participated with great enthusiasm. Volunteers performed 108 Surya Namaskars. Students understood the essentials of Practicing Yoga. The art of practicing Yoga helps in controlling an Individual's mind, body and soul. The Yogathon was successful programme with huge members of folks participated in the Yoga Utsawa.



SARVODAYA DAY

Date: 30-01-2023

NSS Unit of Seshadripuram College took part in walkathon in collaboration with Karnataka Gandhi Memorial national service project fund, NSS, Department of Youth Empowerment, Department of Revenue, Government of Karnataka, Gandhi peace foundation, Kasturba Gandhi National Memorial Trust under the joint assistance celebrated Sarvodaya day.



The programme was inaugurated by Nadoja Dr. Baraguru Ramachadrappa, Indian essayist, lyricist, novelist. The Chief guests of the programme was Dr. Vasundhara Bhupathi, Ayurvedic Doctor and Writer, Shri Jirege Lokesh, President, Gandhi Peace foundation. Dr H.G. Govinda Gowda professor, program coordinator ,Bengaluru City University. The volunteers took pledge on ideals formulated by Mahatma Gandhiji and also learnt about their teachings and philosophies.



BLOOD DONATION FESTIVAL

Date : 31-01-2023

NSS unit of Seshadripuram College participated in Blood donation festival held on 31st January 2023 in college quadrangle. The programme was held in commemoration of 111th Birth Anniversary of Late Shri N M Nanjappa. The chief guest of the programme was Sri Vishweshwar Hedge Kageri, Former speaker of Lok Sabha. Many students came forward to donate blood and NSS volunteers took active participation in making the blood donation camp a huge success.

Blood is a Saviour, kindly donate it to meet the needs.



CANCER AWARENESS PROGRAMME IN YUVANIKA

Date : 04-02-2023

National Service Scheme along with department of youth empowerment and sports organized on account of 'World Cancer Day'.

NSS unit of Seshadripuram College took part in a training programme enhancing knowledge and skills of NSS volunteers to educate community on prevention and control of common cancers on 4th February 2023 at Yuvanika.

The programme was inaugurated by Dr. Shalini Rajneesh, IAS, Government of Karnataka. Sri Prathap Lingaiah, State NSS officer with other dignitaries.

The programme was all about creating awareness among the young generation pertaining to it a rally was organized in order to create awareness among general public.



FREE EYE CHECKUP CAMP AND INTERACTIVE SESSION ON “NUTRITION & BALANCED DIET”

Date : 11-02-2023



NSS unit of Seshadripuram College in association with Rotaract & Youth Red Cross organized a free Eye checkup in the college Quadrangle.

A Free eye checkup was done for the staff and family members of Seshadripuram Group of Institutions followed by interactive Session on “Nutrition and Balanced Diet”.

The chief Guest of the programme was Dr. K. Bhujang Shetty, Chairman and Managing Director Narayana Nethralaya. Students, teaching & Non-teaching staff of Seshadripuram college actively took part in interacting Session. Dr. K. Bhujang Shetty gave information about Balanced diet and asked people to follow a Balanced diet in order to maintain a good Health. It was very informative session.

AERO INDIA - 2023

Date : 13-02-2023 to 17-02-2023



Aero India is an air show that was held in Bengaluru at the Yelahanka Air force station which was held from 13th February 2023 to 17th February 2023

Aero India is consider to be the Asia's biggest Air Show.

The Minister of Defence, Defence Exhibition organization Indian Air force, DRDO, BHEL, HAL and other related organizations join hand to organize this event. Several Indian as well as foreign Exhibitors exhibited their products which was futuristic in nature. From Seshadripuram College

30 NSS Volunteers actively participated in this Air show. In co-ordination with BEML and HAL. The volunteers were divided into various groups and were assigned enormous task from taking care of parking lot, food court, media, VIP lounges and Business areas etc. The experience of being part of Asia's Biggest Air Show was unexplainable and also a proud moment to all our volunteer who actively participated. The initiative taken by our volunteers was appreciated by the BEML and HAL team. It was an honour to work for the event were we all had a great learning experiences with immense knowledge.

VOTER AWARENESS WALKATHON

Date : 24-04-2023



NSS unit of Seshadripuram College organised Voter awareness walkathon. It was held on 24th April 2023 where in nearly 150 volunteers participated and spread awareness among people about the important of voting through pluck cards and banners with the help of this, we were able to create awareness among general public. Watch flag of by Nadoja Dr. Wooday P. Krishna, Honorary Secretary of Seshadripuram Educational Trust, president of Karnataka Gandhi Smarak Nidhi, in presence of eminent guest delivered the lecture on importance of voting. This overwhelming participation of volunteers will create a powerful impact on the society.

INTERNATIONAL YOGA DAY

Date : 21-06-2023

International yoga day organised by Brahma Kumari's in association with Seshadripuram College. The programme was presided by Nadoja Dr. Wooday P. Krishna, Honorary General Secretary, Seshadripuram educational trust. The chief guest of the program were Dr. Sanjay Bajaj, president, P. D Hineeja Sindhi Hospital and Sir Srinivas Raju, chairman Vyasa International School. Sri Rajayogi. B. K. Surendran addressed the programme on 21-6-2023

The word yoga actually means union. It is a practice that connects body mind and spirit through difference body postures. Yoga plays a vital role on our health it started with breathing exercise, warm up exercise and Surya Namaskars followed by other asanas. volunteers had a great experience through this yoga.



DRUG AWARENESS PROGRAM

Date : 26-06-2023

On occasion of International Drug Awareness day, NSS unit of Seshadripuram college participated in Drug Awareness Walkathon conducted on 26th June 2023 in association with Youth empowerment and Sports Department, State NSS cell and Karnataka Gandhi Smaraka. The chief guests of the programme were Shri A . Nagendra, Honourable minister of Youth Service and Sports Department and Sir D. K. Shivakumar, Deputy Chief Minister, Govt of Karnataka and other high profile dignitaries.

This day is marked 26th June every year to strengthen action and co-operation in achieving a world free of drug abused.



VOLUNTEERING FOR KARNATAKA WELFARE ASSOCIATION FOR BLIND

Date : 27-06-2023

The biennial election was conducted by Karnataka welfare association for blind and the volunteers of NSS unit of Seshadripuram College volunteered in the program held on 27th June 2023, In Karnataka Welfare Association for blind, Seshadripuram. Volunteers was segregated into different departments like food, bag, mobile and registration counter. Volunteers guided visually impaired and sighted members to cast their valuable vote. Volunteers learn about election process and how to communicate with visually impaired, afterwards voters were counted and winners were announced. Followed by annual general meeting where they discussed about audit and reports of the previous year and they also discussed about fund raising. It was a new and resourceful programme.



SPECIAL VILLAGE CAMP

Date : 24-07-2023 to 30-07-2023

Under the auspicious guidance of National Service Scheme the NSS unit of Seshadripuram College organised a Special Annual village camp in Kadarmangala. M.B Halli Grama Panchayat, Channapatna Taluk, Ramanagara District to Promote Clean India, Strong India, Healthy India and time sense of spirit in Young volunteers. As a part of NSS activities, A 7 days camp was held in Kadarmangala for the period 24-07-2023 to 30-07-2023. 51 volunteers attended the camp. NSS works mainly on the Principle "NOT ME BUT YOU".

DAY-01

The first Day of the camp 24-07-2023 started with a lot Enthusiasm and Spirit of Team work. All the volunteers gathered near Kempegowda Railway station around 6:45am and boarded the train and reached camp site 'Kadarmangala' Channapatna Taluk, Ramanagara District around 9:30 am. Taking the first step into the village, NSS volunteers were filled a gleaming sense of responsibility to do something which can be Summarized as "NOT ME BUT YOU". Firstly, everyone was assigned the work of cleaning the rooms.

The Volunteers were grouped into 6 troops namely Netravathi, Kaveri, Krishna, Tungabhadra, Brahmaputra, Bhagirathi. Each team had a group leader who leaded the group. All the volunteers with great enthusiasm arranged the stage for the inauguration. Team Kaveri and Bhagirathi was the food in charge for the day. Volunteers went for the inviting the village elders to the inaugural function. Volunteers from Government First Grade College,

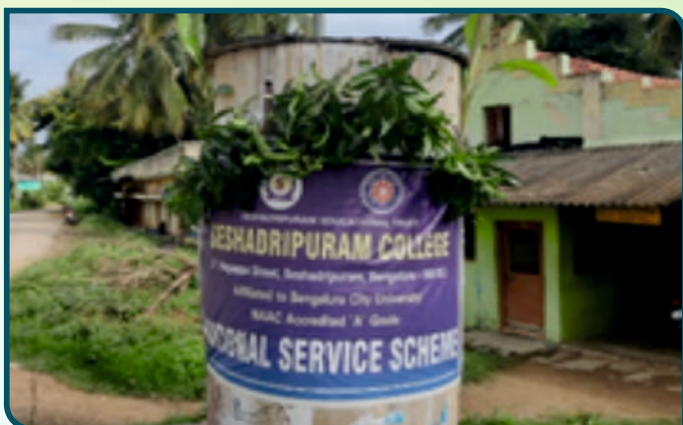
Channapatna came to perform folk dances. Volunteers rallied into the streets of village to create awareness among the villagers about ensuring special village comp in their village for a period of one week. The program was hosted by Pavitra. U NSS Volunteer.

The inaugural function started with invoking prayer. The Chief guest for the inauguration was Nadoja Dr. Wooday P. Krishna, Hon. General Secretary, Seshadripuram Educational Trust. The stage was also blessed with the presence of Shri M. S. Nataraj Chairman, Seshadripuram Educational trust, Shri Dr. H. G. Govinda Gowda, NSS coordinator, Bangalore City University, Shri Dr. B. G. Bhaskara, Principal Seshadripuram College. Smt. Savita Bai Superintendent, Seshadripuram College and Grama Panchayat members of Kadarmangala. The Honourable Chief Guest Nadoja Dr. Wooday P. Krishna Sir addressed the gathering and spoke about the main objective of NSS and educated volunteers about the various responsibilities and duties of a NSS volunteer. Dr. G. B. Mallesh Sir in his inaugural address wished good luck to the NSS volunteers and rehosted the students to become self reliant in line with the main theme of the camp. He inspired the Students that NSS should develop in them a promptness to help others.

Day-02

The day dated 25-7-2023, the Second day of the camp started early in the morning at 5:00am. The theme for the day was 'Yoga'. Team volunteers segregated works among themselves and theme was explained by one of the volunteer in the team. The theme was Indeed a thoughtful one, there was a Special lecture Session. Resource person for the day was Sri Shivakumar K. M. International Yoga Practitioner and Personal development trainer Sir addressed the Volunteers and said about Yoga and It's benefits sir also taught about Soft Skills, it was very motivational and interacting session. After the Breakfast we





started Shramadhan The task for the day was cleaning the surroundings of the temple. All the volunteers indulged themselves with various works allotted for each individual team and the volunteers were also successful in preparing pathway for the flow of waste water easily.

Day-3

26-07-2023, 3rd Day of our camp started with greeting our programme officer at 5:00am we all reported on the ground at 5:30am for the flag Hosting ceremony. The theme for the day was 'Kargil Vijay Diwas' which is celebrated every year on 26th July to celebrate India's victory over Pakistan in Kargil War 1999. The chief guest for flag hosting was K. P. Rama, Mam, the first female police officer of Kadarmangala. Mam also spoke about 'Kargil Vijay Diwas' and why it is celebrated every year. Shramadhan work was done for that by painting, Where in we cleaned the roadsides of the village i.e. picked plastics and dumped in one place. At first volunteers scraped the paintings of Government school both inside and outside of the class rooms Shri Madhu and Shri Sharath Sir. International folk artists and trainers came to train the volunteers and select. They thought us how to

perform Dollu Kunitha, which is a major popular drum dance of Karnataka and Kamsale a popular folk dance form in Mysuru Karnataka region.



Day-04

27-07-2023, All the volunteers got up around 5:00 am and reported for flag hoisting ceremony around 5:45 am. Anil Sir member of Kadarmangala conducted competition to volunteers games like frog jumping, rolling piggy back ride etc., And the winners were announced. Shramadnana work was continued for that day, three teams were allotted for painting. Chandan Sir founder of UPKRITI came to help us along with his team members. Where in members of UPKRITI drew some pictures and painted. Volunteers helped them in painting. UPKRITI volunteers included professionals like Artists. The chief guest for the cultural program was Dr. S. Ramalingeshwara (sisira) Sir, Kannada lecturer and writer, Seshadripuram PU College & artist Govinda Raju Sir. S. Ramalingeshwara addressed the gathering. Sir spoke about youth and social responsibilities. How youth plays a important role



in the society, sir also had interaction session with the villagers later. Cultural started all the teams performed different performances like singing, dancing.

Day-05

28-07-2023, 5th day of the camp all the volunteers assembled in the ground at 5:30 am. The theme of the day was 'Farmers' and how farmers are important to our country 'Farmers are backbone of the country'. The chief guest for Flag hoisting was K.P Channappa Sir, Who was an Ex Military office. Volunteers were sent for Shramadhana work where we picked the plastics and dumped it in a place. volunteers along with UPKRITI team beautified the school with colourful drawings, picture of animals and birds. This was primarily done to attract students towards learning and enthuse them instead of being closeted in colourless and bland walls. Three messages painted on the wall spread awareness about a girl child's education. Shramadhan work for the day was cleaning the most visited place in the Village, all volunteers along with the guidance of the leaders of the Gram panchayat, Kadarmangala, cleaned the surrounding of the temple which was a by a great Initiative and efforts taken by our volunteers to help the people clean their village. Shri Sachin K.S. Professor, Department of Mathematics, Postgraduate centre Ramanagaram, Bangalore University was resource person of special lecturer session. Sir spoke about Janapada and how it Came into effect and Folk cultures are formed. It was very informative session.



team spoke about tigers and the chief guest was Sri Ramesh Sir, Entrepreneur, Kadarmangala. Volunteers collected garbage from the street and sprayed bleaching powder across Marshy and drainage areas. To curb the growth of mosquitoes and thereby reduce the spread of infected diseases. Later, volunteers conducted an awareness rally about the the use of plastic in the village and proper waste management by segregating the wet and dry waste for easy disposal. Volunteers gave awareness on importance of Cleanliness of the surroundings. The chief guest for the cultural was Shri Supritha C. K. Professor, journalism, Kim's college, Bangalore. Shri Yeshwant Kumar. S, Chief librarian, Seshadripuram College. Mam spoke about youth, how youth place a role in society and mam also said about ideologies and principles of Swami Vivekananda. All the volunteers started preparations for the most awaited and exiting part of the camp i.e. 'The Camp lighting ceremony' (shibira Jyoti). The



Day-06

Last but one day of the camp 29-07-2023 was quite encouraging day. Team Brahmaputra hoisted the flag with a theme World tiger's day. In which



volunteers decorated the area with colours, flowers and so on Shibira Jyoti involves lightning up of Diya's/candles across the borders of India map alongside singing patriotic songs. It is known to install a significant wave in the volunteers about the concepts of patriotism, brotherhood and national integrity. All the Volunteers lighted the candles and enlightened the camp with 'n' number of candles. All the Volunteers enjoyed the candle light and then created a lot of memorable moments. Later volunteers made preparations for the valedictory of the camp and went to bed.

Day 07

The last day of camp i.e, 30-07-2023, was a full of treasured memories to take back with us. All the volunteers had an early start and gathered in ground. Team Krishna hoisted the flag with a theme 5R'S. Namely Refuse, Reduce, Reuse, Repurpose and Recycle. Which is very essential process that needs to be adopted by everyone in order to save the resources for our near future. All the volunteers joined their hands for valedictory. Anil member of Kadarmangala. Sir helped us in setting up the stage for valedictory. volunteers performed Dollukunita and Kamsale in the streets of village at 10.00 am all the volunteers gathered for the valedictory programme. Event started by singing Seshadripuram Educational trust anthem and the valedictory function started with invoking prayers to God Vinayaka. Followed by welcome speech by NSS volunteer Varsha K.C. The stage was blessed with the presence of Smt. Sunitha Shivaraju, Shri Rajendra K.S. member Kadarmangala, Shri Venkatesh.S. Member



Kadarmangala. Shri H. M. Snambulingaiah panchayat development officer M. B. Village Gram Panchayat. Shri Nanjunda. R physical teacher Govt First Grade College. The chief guest was Shri Pratap Lingaiah state NSS officer Department of youth empowerment and sports Government of Karnataka. Smt Veena R. Head Department of computer science, Seshadripuram college. The programme started around 10:30 am. The guest were welcomed heartfully. Some of the guests addressed the gathering. The report of seven days of the camp was presented by NSS volunteer Akanksha. Reflections highlighting the personal experience of the NSS volunteers of camp was shared by four volunteers this was followed by a prize Distribution ceremony for the winners of the competition namely rowing, frog jump etc. The chief guest of the ceremony has felicitated NSS volunteers with certificate as a token of appreciation of completion of 7-Days NSS camp. The valedictory programme was concluded by recital of our National Anthem.



After the programme, all the volunteers had their lunch, packed their bags and left the camp site around 3:30pm taking a lot of experiences, lessons, memories, knowledge, friendship which the volunteers would cherish for the rest of their life.

PARTICIPATED IN RD CAMP 2022-2023

Varsha. K. C. (2nd Year B.com)

NSS Volunteer **Varsha K. C.** was selected for State Level NSS RD Camp which was held in SDM Ayurveda College, Hassan from 14-01-2023 to 26-01-2023. Varsha completed Pre RD Camp - SOUTH ZONE in SSS College, Ernakulam, Kerala from 09-11-2022 to 19-11-2022. NSS Contingent got 1st Prize in parade which was held in Manekshaw Parade Ground.



NATIONAL INTEGRATION CAMP (NIC)

Varsha K. C. (2nd Year B.Com)

Bhoomika N. (2nd Year B.Com)

Likith S. R. (2nd B.Com)

Bengaluru City University in association with Karnataka Gandhi Smaraka Nidhi, National Service Scheme Cell had organised a National Integration Camp (NIC) to promote Integratio and Unity in Diversity carrying android exposure to portray different cultures.

NSS volunteers Varsha KC, Bhoomika N and Likith SR activity participated in the camp which was scheduled from 15th to 21st March 2023 at Gandhi Bhavan, Bangalore.



Kamalesh S (3rd year B.Com)

NSS Volunteer Kamalesh S participated in the National Integration Camp (NIC) organised by KLE university, Belagavi from 17th January 2023 to 23rd January 2023.



NSS Volunteers actively participated in the following events organized by State Government and other boards

Volunteers were selected for NIC camp

Vidhan Soudha (Welcoming president of India)

World Standards Day

Cycle Yatra (Raj Bhavan)

Silver Jubilee

Republic Day (Kalakshetra)

International Women's Day (Walkathon)

Cleaner Environment



SESHADRIPURAM EDUCATIONAL TRUST

SESHADRIPURAM COLLEGE

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