



Seshadripuram Educational Trust
SESHADRIPURAM COLLEGE
Sheshadripuram, Bengaluru-560020

I hope you are all safe and comfortable with your families.

As we re-enter the lockdown under the orders of the government in order to reduce the spread of the SARS-CoV-2 virus, it is understandable that many of you are finding it difficult to adjust to these new realities.

In these difficult times, we must remember to stay calm and safe. Remember to be supportive to your parents or grandparents or any other elders in your house who might be finding it difficult to deal with the new pandemic realities which might be causing them anxiety or loneliness. Foremost of this please see to it that you stay calm and stress-free. I urge you to be mindfully aware of your surroundings and keep yourselves energized physically and emotionally by practicing yoga and/ or exercising at home and remember to follow the government guidelines. Request to get vaccinated by your turn, advise the elders to also do so and not to go by any ear say.

Keeping academics in mind, we have brought your classrooms to virtual life through online classes. I hope that you are all attending and listening to all the lectures with at most seriousness. Not to forget that attendance is mandatory. In any case of emergency due to which you are unable to attend the virtual classes please keep your class teacher informed about the same. If you have any feedback or helpful suggestions regarding online classes, please bring it to the attention of your class teacher. Please feel free to stay in touch with me through your class teachers.

We have chalked out many online activities, which am sure will engage you all towards a holistic development. We are ensuring all efforts to our best to walk with you through these challenging times. Our co-curriculum is designed as per the Vision of Seshadripuram College To Empower You with Knowledge and Self-Confidence. The College is also constantly looking for ways in which to engage the students with the community. In this regard we have our NSS, NCC Student Volunteers are working seamlessly as Corona Warriors at the Corona War Rooms.

As the lockdown gives you a lot of time on hand, remember to use it to improve yourselves. Use it to acquire new knowledge by reading books, joining online courses which will ensure the best use of your time. With the power of the internet and your willingness to learn, accomplish will have no limits.

As closing remarks, I would like to remind you that what we is needed is to stay calm, remain Positive and adapt to the changes that we see around us. This is not an ideal situation but am sure together we will defeat this pandemic in the coming days and I once again urge all of you to make the best use of whatever resources you have, continue to learn and keep yourself meaningfully engaged. Use the below given link to join MOOC free online courses.

MOOC.org | Massive Open Online Courses | An edX Site

www.mooc.org

Use this link for student help line:

Maithri Helpline - Department of Collegiate education- Karnataka

<https://dce.karnataka.gov.in/info-2/Maithri+Helpline/en>

We miss you all and hope we all return to college as soon as possible.

Thank You and STAY SAFE.

Yours Sincerely

Principal

Seshadripuram College