



Seshadripuram Educational Trust

SESHADRIPURAM COLLEGE

#27, Nagappa Street, **Seshadripuram, Bengaluru** – 560 020, Karnataka, India

Affiliated to Bengaluru City University | ISO 9001:2015 Certified Institution

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SARVODAYA



PROGRESS OF ALL

NSS NEWSLETTER OF SESHADRIPURAM COLLEGE

2023-24

Sl. No.	Events	Date	Pg. No.
1	Makkala Raaga	06-12-2023	
2	Special Enrollment Day	07-12-2023	
3	'Health For All'	09-12-2023	
4	Crime Prevention Month And Traffic Awareness Programme	19-12-2023	
5	International Mountain Day	05-01-2024	
6	Chitra Santhe	07-01-2024	
7	Ananda Maraga Children (Janmamithra Ngo)	07-01-2024	
8	Sharmadhan Camp And Gandhian Philosophy	13-01-2024	
9	Adventure Camp	16 To 20-01-2024	
10	National Youth Day	20-01-2024	
11	Republic Day at Vijayanagara Police Station	26-01-2024	
12	Sarvodaya Day	30-01-2024	
13	Campus To Community	08-02-2024	
14	Our Move Towards Polling Booth (Gnanajyothi Auditorium)	15-04-2024	
15	Voter Awareness Campaign (College)	20-04-2024	
16	Voter Awareness (Gandhi Bhavan)	21-04-2024	
17	Kalyani Cleaning (Bettadasanapura)	11-05-2024	
18	Alternative 24 (Ramaiah College)	01-06-2024	
19	Mega Blood Donation	05-06-2024	
20	National Integration Camp (Karwar)	22-11-23 To 28-11-2023	
21	National Integration Camp (mangalore))	17 To 23-12-2023	
22	National Republic Day Camp 2024	01 To 31-01-2024	
23	Police Experiential Learning Program	11-01-24 To 11-02-24	
24	State Level Youth Leadership Camp (BU)	25 To 29-01-2024	
25	State Level Youth Leadership Camp on Gandhian Values	16 To 20-02-2024	
26	State Youth Festival Camp 2023-24	20 To 24-02-2024	
27	National Integration Camp (Kerala)	16-03-2024 To 22-03-2024	
28	State Youth Camp (Belagavi)	27-04-2024 To 01-05-2024	
29	National Integration Camp (Hubbali)	09-05-2024 To 15-05-2024	

Secretary Message

Nadoja Dr. Wooday P. Krishna

Honorary General Secretary
Seshadripuram Educational Trust



I am very happy that Seshadripuram College is bringing out an exclusive newsletter of the NSS called 'Sarvodaya'. Sarvodaya is a term coined by Mahatma Gandhi, which means 'Universal Uplift' or 'Progress of all'. This initiative of the College to bring out a newsletter of the NSS unit to document and present all the activities and programs in an academic year is commendable.

The basic aim of NSS is to instil the idea of social service and responsibility in students. The NSS volunteers of Seshadripuram College have done exemplary work throughout the year. I congratulate the Principal Dr. B. G. Bhaskara the NSS Programme Officer Sri Manjunath H. and all the NSS volunteers for living up to the proud reputation of the unit which has won many awards at the State and National levels. With their range of programmes and activities this year, they have made a positive impact in many areas. I am sure that with the Gandhian principle of service to the needy deeply instilled in the volunteers, the NSS unit of the college will continue to work with commitment towards making a better world for all of us.

Chairman Message

Sri M. S. Nataraj

Honorary Asst. Secretary, SET
Chairman, Governing Council
Seshadripuram College



The release of the NSS newsletter 'Sarvodaya' by the NSS unit of Seshadripuram College serves as a testament to the vision of the College "To empower every individual with knowledge and self-confidence." The activities by the Unit during the Academic Year 2022-23 presented in the newsletter showcases the character-building approach that the College has adopted-be it socially sensitive leadership skills, community development or unconditional service-mindedness.

I congratulate the Principal, Dr. B. G. Bhaskara, the NSS Programme Officer, Sri Manjunath H. and his NSS Unit for all the work and service they have done over the year including the publication of this newsletter.

From The Principal's Desk

Dr. B. G. Bhaskara
Principal and
Editor-in-Chief, Sarvodaya



The National Service Scheme Unit of Seshadripuram College is one of the most important and effective wings, striving to achieve to give back towards the society. The unit can be considered the epitome of practical thinking, enabling the student fraternity to tackle problems in a responsible and matured manner. The unit strives in its constant endeavor to excel in the services provided to the community by arranging and involving in multiple programs towards community and national development.

During the academic year 2022 - 23, the NSS Unit has organized innumerable activities, programmes and Special camp towards upholding its root cause of betterment of the community.

On the same front, it gives me immense honor to announce that the NSS Unit of our Seshadripuram College, has organized a **7 Days Special Annual Camp** in Kadaramangala village, Chennapatna Taluk, Ramanagara District to taken up the responsibility of catering to the needs of the villagers and to improve the overall development of the place.

Focusing on the individual achievement end, one of our NSS Volunteer **Varsha K C** has been Selected for State R D Parade in Maniksha Parade Ground Bengaluru account of Republic day 2023. And Pavithra U has taken opportunity to be a Sports Officer for a day on Account of **"International Gils Child day"** in Dept. of Youth Empowerment and Sports.

I take pride in stating that the number of physical activities that were conducted by the unit and the participation of the same, our NSS Volunteers projected their resiliency and fearless attitude yet again.

On behalf of the college, I express immense gratitude towards Seshadripuram Educational Trust for their support through everything. I would also extend humble gratitude to Mr. Pratap Lingiah, State NSS Officer for his guidance and support. I would like to thank and honour our NSS Programme Officer **Manjunath H** and all the NSS Volunteers who took initiatives and participated in all the programmes being conducted, which in turn has made the college proud.

Message from State NSS Officer

Dr. Pratap Lingaiah

State NSS Officer
Government of Karnataka



The NSS unit of Seshadripuram College has given our youth a new and unique way to contribute to the society. With the experiences from NSS. I'm sure that all volunteers will learn how to lead a life of dignity with positive mindset and contribute to the growth of nation.

I am delighted to know that NSS unit of Seshadripuram College is bringing out a newsletter "SARVODAYA" highlighting the activities and achievements of the NSS unit of the college.

The NSS unit of Seshadripuram College will achieve greater success by the involvement and dedication of Young volunteers.

Message from BCU NSS Program Co-ordinator

Dr. Govinde Gowda H.G.

NSS Program Co-Ordinator
Bengaluru City University



National Service Scheme has the main motto "NOT ME BUT YOU". It mainly teaches ones equal commitment and co-ordination to build a better society & develops own personality, If everyone works with their own interest they will reach their success.

Seshadripuram College, Seshadripuram - National Service Scheme Unit has conducted many campaigns like digital literacy, Swachha Bharat Abhiyan, cycle jatha, Health camps, Blood Donation camps, Plastic free society, Cancer awareness program, Drug awareness program. One of the aims is that Volunteers should show their responsibility towards the Nation. Volunteers work by taking responsibility and motivating the youth for better environment.

The NSS unit of Seshadripuram College, has launched yearly newsletter "Sarvodaya.", I am very happy to share information and Achievements of the NSS Unit, happenings and many more...

I thank principal of the college, programme officer and all volunteers and wish this will be continued in future endeavors also.

Manjunath H.

Asst. Professor in Mathematics
NSS Program Officer
Seshadripuram College



National Service Scheme (NSS) was introduced in the year 1969 with the primary objective of developing the personality and character of student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Appropriately, the motto of NSS is "NOT ME, BUT YOU". An NSS volunteer places the 'community' before 'self'.

The unit at college level is the grass-root unit in NSS. The NSS Centre keeps contact with the community, administration, student volunteers and Programme Officers through this unit only. Seshadripuram College NSS unit has its own identity and initiatives. The organization and management of NSS unit are of vital significance.

Seshadripuram College NSS unit has conducted many initiative activities, like Awareness jathas taking consideration of any serious issues to be aware of and creating awareness, Students usefull Programms, Participating in RD Camps, National Integration Camps.

NSS Unit of College Organized a 7 Days Special Annual Camp in Kadaramangala village, Chennapatna Taluk, Ramanagara District to taken up the responsibility of catering to the needs of the villagers and to improve the overall development of the place.

In this academic year 2022-2023, NSS unit had organized meaningful community service programs under the Theme **"YOUNG INDIA"**. Being an active member, NSS Volunteer would have the exposure and experience to

- An accomplished social leader.
- An efficient Administrator.
- A person who understands human nature
- Improvement of physical and mental strength.

This year, NSS Unit took part in Social responsible activities like, cycle jaatha rally Creating Awareness of Voting in the assembly elections 2022 Association with Election Commission of india and BBMP. Constitution Day, Drug Awareness Programmes, Voters Awareness programmes, Vaccination drive, about Gandhi ji Books related programmes, National level seminars,, Swachha Bengaluru campaign , Life skill programme for NSS Volunteers, World Environment Day Celebration in College and Rajabavana, National level Workshop on World Environment Day June 5, 2022. International Yoga Day 2023.

I am truly grateful to our esteemed Management, Specially to Shri.N .R. Panditharadya. President, Seshadripuram Educational Trust, Nadoja Dr. Wooday P. Krishna, Hon. General Secretary, Seshadripuram Educational Trust and Sri M.S. Nataraj, Chairman, Governing Council and all the Trustees for their support and guidance. I thank Dr.Prathap Lingaiah, State Liaison Officer, NSS, Dr. Govinde Gowda, NSS Co-ordinator , Bengaluru City University, Dr. B G Bhaskara, Principal, Seshadripuram College for whole-hearted support and encouragement. I am grateful to Savitha Bai, Office Superintendent, Prof. Veena R, HOD, BCA and Prof. Kala Nayak, HOD, Commerce and Management and to all the teaching and non-teaching staff of the college for their kindhearted support and motivation. I would like to express my appreciation to our NSS volunteers for their enthusiastic participation and involvement in organizing all the programs and activities of the NSS unit, and to the Student Editorial team who have worked hard to bring out of this newsletter Sarvodaya and Alumni and to publish NSS News Letter.

ABOUT INSTITUTION



Established in 1973 and affiliated to Bengaluru City University, Seshadripuram College quickly attained a prominent position among the limited number of undergraduate colleges in Bangalore at that time. In these 50 years, the number of degree colleges in Bangalore has seen an astronomical growth, but Seshadripuram College continues to maintain its reputation and position. From a meagre strength of thirty students at inception, the student strength has grown substantially to 3000 with a commensurate expansion of the faculty. It is one of the first of the affiliated colleges to be granted PG courses and to offer the BBM course. The institution has been awarded the highest 'A++' grade in the 4th cycle of NAAC accreditation and regularly features among the top Commerce colleges not only of Bangalore but of the country, in rankings announced in leading national news magazines. Its students regularly find a place among rank holders in the university and its placement records are outstanding. This reputation sustained through more than 4 decades is due to the institution's ability to adapt itself to the changing needs of the times without losing touch with its core values. The college attempts to create a stimulating teaching-learning environment which equips students with the knowledge and skills required to face the challenges of the globalized environment. At the same time, it is committed to instilling a deep sense of social responsibility and self-discipline in its students. It also strives to cultivate a warm, cordial and mutually supportive relationship with all its stake holders.

NATIONAL SERVICE SCHEME (1969-2023)



The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhi's Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The programme aims to instil the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. Volunteers are also trained to provide help in natural and man-made disasters by providing food, clothing and first aid to affected people. There are two types of activities: Regular Activities (120 hours) and Annual Special Camp (120 hours). The Annual camps are known as Special Camps. Annual Camps are held annually, funded by the Government of India, and are usually located in a rural village or a city suburb. Volunteers may be involved in activities such as:

1) Cleaning 2) Afforestation 3) Stage shows or a procession creating awareness of such issues as social problems, education, and cleanliness 4) Awareness Rallies 5) Inviting doctors for health camps.

MAKKALA RAAGA

NSS Volunteers of Seshadripuram College participated in MAKKALA RAAGA, an event organized by Makkala Jagrithi an NGO working towards empowering children and Youth from disadvantaged community to a bright future.

It was organized on 6th December 2023 in Chowdiah Memorial Hall.

It was an talent show of mesmerizing musicals and dance performances by the children where the volunteers encouraged the cheerful talented youngsters and thoroughly enjoyed the program.



SPECIAL ENROLLMENT DAY

NSS unit of Seshadripuram college took part in special enrollment drive on the 17th December, 2023 held at Seshadripuram college.

The program was organized by electoral Literacy club, national service scheme in association with election Commission of India (BBMP), Gandhinagar Constituency.

Voting and electing the suitable representatives enables country's development.

Accordance with this special drive, the representatives from BBMP gave guidance on registration on voter identity card. The volunteers helped the students to register for the voter ID through the online registration app in the college quadrangle. All the eligible students applied for the voter ID through voter helpline app with the necessary documents.

It was a successful drive.



HEALTH FOR ALL



Samarthanam's Annual 17th Bengaluru Walkathon was conducted on 9th December 2023 by Samarthanam Trust for the disabled.

The motto for the Walkathon was 'Health for all'.

The NSS volunteers participated enthusiastically for promoting significance of health and physical activities to the community.

It was a long-distance Walkathon conducted around Kittur Rani Chennamma stadium to inspire others to join in the pursuit of better health for all.

CRIME PREVENTION MONTH AND TRAFFIC AWARENESS PROGRAMME

In collaboration with High Grounds Traffic Police and Seshadripuram police station, the NSS unit of Seshadripuram college organized 'Crime prevention month and traffic awareness' program on 19th December 2023.

It was an event conducted to develop traffic awareness among the students and help them obey the traffic rules.

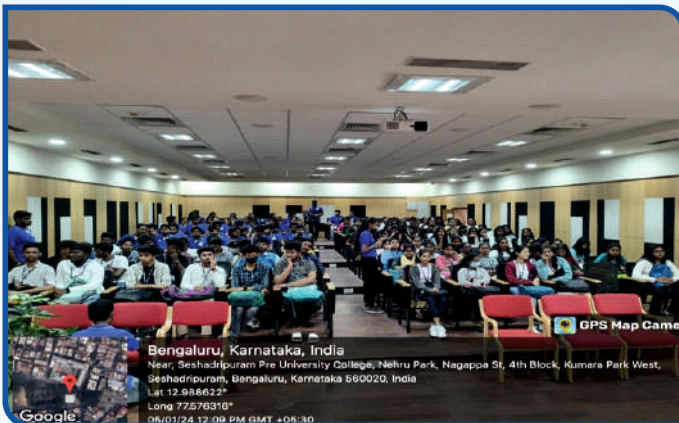
The officers presented videos on how the Bengaluru Traffic Police (BTP) looks after the regulations, enforcement and road safety aspects of traffic management in the city.

It was an interactive session with the police officers where the volunteers learnt a lot about road safety & crime prevention.



INTERNATIONAL MOUNTAIN DAY

NSS cell and Eco-Mitra club of Seshadripuram College collaborated with Lalbahadur Mountaineering Institute jointly organized "International Mountain Day" on 05.01. 2024. Experts from the institute delivered a comprehensive talk on the significance of mountains and the value of adventure activities such as trekking. Volunteers actively listened and had an interactive session with guests. The program was successful.



CHITRA SANTHE

Our NSS volunteers participated in CHITRA SANTHE on 1st January 2024 near Kumara Krupa Road (Gandhi Bhavan).

The program was about to keep clear our surroundings and not to use plastic bag and spoil the environment.

We brought awareness to the people like not to throw plastic and garbage around the road and to throw it in the dustbin and keep our environment healthy.

The motive of the program was "Plastic free", "Litter free".



ANANDA MARAGA CHILDREN (JANMAMITHRA NGO)

Janmamithra An NGO conducted "SPORTIVITY" on 7th January 2024 in Ananda Marga Children's Home.

The NSS volunteers along with members and children of the Ananda Marga Children's Home participated in the sport event.

It was an fun interactive day where volunteers and children's played sports like kabaddi, kho-kho and lagori.



SHARMADHAN CAMP AND GANDHIAN PHILOSOPHY



NSS cell and Gandhian study center of Seshadripuram College collaborated with Gandhi Smaraka Nidhi (gandhi bhavan) and organized an one day Sharmadhan Camp and Gandhian philosophy seminar on 13th January 2023.

The volunteers actively organized and participated in the philosophical teachings of Gandhi ideology. Prizes were also disturbed to winners for pick and speak and essay writing about Gandhi

ADVENTURE CAMP

An adventure Camp was organized by Ministry of Youth Empowerment and sports department. It was conducted in Ramanagara District from 16th January 2024 to 21st January 2024.

The eight members that participated are Arun Nagarjuna R, Bhoomika N, Mahadev Prasad SL, Mohan M, MS Dheeraj, Samhitha B, Rakshitha S and Varsha K.C.

It was an orientation Camp on Rock climbing and mountaineering where the volunteers participated in many fun adventurous activities.



NATIONAL YOUTH DAY

NSS volunteers of Seshadripuram College participated in "National youth day" which was held on 20th January 2024 near Sharada Math.

The 10 girls volunteers actively participated in the program and learnt inspiring thoughts and preaching of Vivekananda.



REPUBLIC DAY AT VIJAYANAGARA POLICE STATION

NSS volunteers of Seshadripuram College participated in "Republic Day" which was held on 26/1/2024 at Vijayanagar police station.

The 11 volunteers actively participated in the program. And got know the dignity of the parade, the patriotic performances, and the spirit of unity made it, a day to cherish. Republic Day is a reminder of our shared heritage and the values that behind us together as a nation.



SARVODAYA DAY (WALKATHON)

NSS unit of Seshadripuram college took part in walkathon in collaboration with Karnataka Gandhi memorial fund. NSS Department of youth Empowerment department of revenues Government of Karnataka .Gandhi peace foundation, Kasturba Gandhi National memorial Trust under the Joint assistance celebrated Sarvoddhaya day.

Volunteers actively took part in Goodwill walk which started from Anandrao circle and ended at Gandhi bhavan.Sarvoddhaya day is celebrated on 30th January 2024. It is the day observed in the national level. The date was chosen as it marks the assassination of Mahatma Gandhi 1948 by Nathuram Godse.

It was a successful Walkathon.



CAMPUS TO COMMUNITY

NSS volunteers of Seshadripuram College participated in "Campus to community" It was held on 8th feb 2024 in yuvapatha near Jayanagar 4th block. All the volunteers from learn to learn took part in that and prizes were disturbed to the school students who won in exhibition and Certificates were given to all the Volunteers. All over we learnt the ability to pursue and persist in learning.



OUR MOVE TOWARDS POLLING BOOTH (GNANAJYOTHI AUDITORIUM)

Election commission of India and Bruhat Bengaluru Mahanagara Palike (BBMP) along with Bengaluru Zilla Panchayati and Bengaluru City University conducted an awareness campaign on the upcoming election to students of various colleges in Jnana Jyothi Auditorium on 15th April 2024.

Our NSS volunteer participated in the program enthusiastically where the motto of the campaign was 'Our march towards polling booth'.



VOTER AWARENESS CAMPAIGN

Electoral Literacy Club and NSS unit of our college organized an awareness campaign with the motto "Our move towards polling booth " on 20th April 2024.

The special invitee to the program was Miss Neethu Vanajakshi and Mr Tushar Girinath, Chief Commissioner of BBMP.

There was also Walkathon conducted to spread voter awareness at nearby areas of college. Certificates and cash prizes were disturbed for winners and participants of poster making competition on the subject "Voter awareness ".



VOTER AWARENESS (GANDHI BHAVAN)

An Voter awareness Program was conducted on 21st April 2024 in Gandhi Bhavan .The objectives of campaign was to create awareness among the people/public/voter regarding the importance of the three tier local electoral system and to enhance people's participation in the voting system and also to ensure smooth implementation/execution of ELC planned activities.

Overall it was an enlightening session to the NSS volunteers where they interacted with the significant panelist and discuss their enquires with them.



KALYANI CLEANING (BETTADASANAPURA)

National Service scheme volunteers of Seshadripuram College collaborated with Upkrithri, an non-government organization on 11th May 2024.

Our volunteers enthusiastically participate in cleaning the surrounding area of Kalyani in Bettadasanpura in Electronic City. The volunteers whole heartily performed the given work along with enjoying the scenery.

It was an productive day for the volunteers.



ALTERNATIVE 24 (RAMAIAH COLLEGE)

"Alternative' 24" a program conducted by Ramaiah Medical College on 1st June 2024.

It was an initiative by VIMOVE Youth for green and youth vibrant Bengaluru on occasion of World Environment Day.

Our volunteer participated in the program enthusiastically and listened to the prominent panelists.



MEGA BLOOD DONATION

NSS unit of Sheshadripuram college along with Youth Red Cross, ESS-ARR foundation, Karnataka Voluntary Blood Donors Association and Indian Red Cross conducted a MEGA VOLUNTARY BLOOD DONATION FESTIVAL in commemoration of 112th Birth Anniversary of Late K M Nanjappa on 5th June 2024 in Seshadripuram main college premises.

It was a mega event where all the Seshadripuram colleges of Seshadripuram Educational Trust came together to donate blood and save life.

The chief guest of the event were Manjunath prasad, IAS and Nadoja Dr. Wooday P. Krishna. The volunteers helped in conducting the blood donation successfully and also donated blood to save lives.



HEALTH CAMP

On 6th June 2024, NSS unit of Seshadripuram College in collaboration with "Referral Labs" had organized an complementary health checkup camp for all teaching and non-teaching staffs of Seshadripuram group of institutions. The health camp was organized at Rangamandira, Seshadripuram college. The checkup started at 9.00 am with 7-8 doctors from Referral labs conducting checkups like RBS, BP, ECG, Dental checkup, Eye exam and general doctor consultation. NSS volunteers actively participated in the health camp by providing support and help to the doctors. The volunteers helped doctors to arrange and setup the camp. Staffs from Seshadripuram institutions had come for checkup in good numbers and provided contribution by actively

participating in the camp. NSS volunteers had also participated in getting checkup and at 3.30 pm the health camp was successfully completed. The health camp was a great success as it made everyone get awareness about their health and importance of medical checkup in individual's life.



FOOD SAFETY PROGRAM

NSS unit of Seshadripuram College organized inter-collage program about Food Safety. It was held on 7th June 2024 at 8:30 am. The Chief guest of the programme was K. Srinivas sir, who is a commissioner of Food Safety and Quality, Dr. Prathap Lingaiah sir, who is a State NSS officer and M. S. Nataraj sir. As it was an inter-collage program the students from various colleges have attended the program. The MC(Anchor) on that day was our NSS volunteer Likitha. M and our NSS officer Manjunath sir welcomed all the chief guests. The programme was huge success and all the volunteers learned the importance of food and safety measures.



SPECIAL VILLAGE CAMP

Date : 17-06-2024 to 23-06-2024

Under the auspicious guidance of National Service Scheme the NSS unit of Seshadripuram Degree college organised a Special Annual village camp in Kengal Hanumantpura Channapatna Taluk, Ramanagara District to Promote Clean India, Strong India, Healthy India and time sense of spirit in Young volunteers. As a past of NSS activities, A 7 days camp was held in Kadarmangala for the period 17-06-2024 to 23-06-2024. 63 volunteers attended the camp. NSS works mainly on the Principle "NOT ME BUT YOU".DAY-01

The first day of the camp, 17-06-2024, started with a lot of enthusiasm, zeal, and a spirit of teamwork. All the volunteers gathered near Satellite Bus Stand around 8:00 a.m. and reached the campsite "Kengal Hanumantpura," Channapatna Taluk, Ramanagara district,



around 10:30 a.m. Taking the first step into the village, NSS volunteers were filled with curiosity, excitement, and a sense of responsibility to do something that can be summarized as "NOT ME BUT YOU." We waited near Venkataramanswamy Temple and then walked into the village, reaching the campsite, i.e., Government Primary School, which was located at the end of the village.

Manjunath Sir, NSS Programme Officer, and National Youth Awardee Somashekar Sir gave instructions and guidelines about the camp. Sir also introduced Mr. Srinivas Murthy and Mr. Lakshman, who were the villagers and main coordinators between the locals. Next, volunteers were grouped into 7 troops: Pushpagiri, Mullayanagiri, Nethravathi, Anjanadri, Nandi Betta, Kudremukh, and Chamundi. Each team had a group leader who led the group. Team leaders were taught how to hoist and dehoist the NSS flag by Somashekar Sir.

After successfully cleaning the surroundings, lunch was arranged, and everyone had it. Team Chamundi conducted a small game on tapping numbers where every team actively participated. After the game, students started practicing and preparing for cultural activities, which included traditional art forms like Puja Kunitha, Dollu Kunitha, Pattadha Kunitha, Somu Kunitha, Tamate, and Kamsale, taught by professionals from another university. At 4:40 p.m., we dehoisted the NSS flag and handed it over to the team responsible for the next day's flag hoisting. Volunteers went to every home in the neighborhood to introduce themselves and inform the residents about the one-week camp. The locals were also informed about the health camp, cultural activities, and other social service activities to be conducted.

After completing the task, NSS volunteers returned to the campsite, had their dinner, and went to sleep at 10:00 p.m., successfully completing the first day of the special village camp.



Day 02

Dated 18-06-2024, the second day of the camp started with a flag hoisting ceremony by Team Mullayanagiri, whose theme was "Save Forest." After the flag hoisting, all volunteers went jogging and did some warm-up exercises around the village. The volunteers went into the streets with Tamate and invited villagers to inauguration. The volunteers, along with Programme Officer Manjunath H sir and National Youth Awardee Somashekar sir, prepared for the inauguration of the camp. The chief guests were welcomed with Kamsale, Dollu Kunitha, Pujakunitha, and Tamate performances. The chief guests for the inauguration were



Shri Nadoja Wooday P. Krishna, Hon. General Secretary, Seshadripuram Education Trust; Shri Dr. B.G. Bhaskara, Principal, Seshadripuram Degree College; Shri Pratap Lingaiah, State NSS Officer; Shri D. Karthigeyan, Provincial Director; Smt Chithra Shashidhar, Faculty MBA dept. Honorary members of the village, including Shri Bhommayya, Shri Arasayya, Shri Suresh, President of Gram Panchayat, and other villagers, were also present. The inauguration started with the lighting of the lamp, classical dance performance by volunteers, followed by the introduction of the chief guests and their felicitation. The dignitaries on stage addressed the gathering and spoke about the main objective of NSS. After the successful completion of the inauguration, Team Pushpagiri arranged lunch, and everyone had it. At 5:30 pm, we de-hoisted the NSS flag and handed it over to the next team. The cultural performances started at 6:30 pm, where volunteers showcased their talents in dance, singing, drama, folk dance. After completing the performances, dinner was arranged by Team Pushpagiri in the dark with lighted lamps. Volunteers went to sleep at 10:00 pm

Day 03

The third day of the camp began at 6:30 am with a flag hoisting ceremony conducted by Team Pushpagiri, whose theme was "Don't Waste Food, Save Food." The ceremony was graced by village guests Mr. Ramakrishna and Mrs. Bhagyamma. Following the flag hoisting, all volunteers went for a jog and did some exercises to boost their physical and mental health. After breakfast at 10:00 am, the volunteers gathered for a shramadhaan activity. They cleaned nearly the entire village, collecting wet waste, dry waste, and plastic waste separately. The filled bags were kept near the camp site by 1:00 pm and later collected by



the municipal corporation. Lunch was organized by Team Chamundi and served at 2:00 pm. In the afternoon, there was a special lecture session featuring Shri Dr. Raghavendra R, NSS Programme Officer at Seshadripuram College, Mysuru, and an NSS National awardee, as the resource person. The stage was also graced by Shri Karthik K.S., NCC Officer and Physical Education Instructor; Smt Veena R, Professor and HOD of the MCA Department; and Shri Dayanand from the BCA Department. The topic of the lecture was "NSS and its Importance." The session began with introductions, and we listened attentively as Dr.

Raghavendra sir spoke about the significance of NSS, inspiring us with his motivational words and sharing his achievements and struggles. He emphasized the importance of dreaming big and coined an impactful abbreviation for NSS: "Non-Stop Service." After the lecture, a few students played games, and Praveen Sir shared his NSS experience. At 5:30 pm, Team Pushpagiri de-hoisted the NSS flag and handed it over to the next team. At 6:30 pm, we invited villagers for cultural performances, which included enjoyable dances, janapada singing, dramatic skits, and message-oriented dramas. The day concluded with dinner, and everyone went to sleep at 10:30 pm.



Day 04

Day 04, 20-06-2024, All the volunteers got up around 5:00 am and reported for flag hoisting ceremony around 5:45 am. The flag hoisting theme for the day was Women Empowerment and it was done by Chamundi team. Team volunteers segregated works among themselves. The theme was explained by one of the volunteers in the team. The Shibira Vani was read by team Pushpagiri. After that all volunteers went for morning walk. After returning from morning walk all the volunteers were divided into 2 groups for work and then all the volunteers had their breakfast. Later one group was assigned to work in health





camp where number of doctors had visited to camp from Sparsh hospital and examined villagers who were came to check up and few of our volunteers had donated their blood and the health camp was successfully completed. The other group was assigned to paint the school campus and successfully completed painting the school colourful. Then the lunch was arranged by team Kudremukh, all the volunteers had their lunch and assembled near school. The folk artist Madhu sir and his team have arrived their and selected few of our volunteers who were interested in performing dollukunitha, kamsalee, pojekunitha etc. Around 5:00 all the volunteers gathered for flag Dehoisting. The stage department was handled by team Mullayyanagiri. The Uucultural was started around 7:00 pm all the team including food department had participated and gave their best performance. After cultural all the volunteers returned to campsite and had their dinner. After dinner all of them started planning for next day and wrote their camp dairy and went to sleep around 11:00 pm

Day 05

Day 05, 21-06-2024, All the volunteers got up around 5:00 am and the fall in time for flag hoisting ceremony was 5:45 am. The flag hoisting was started at 6:00 am, as it was World Yoga Day the team Kudremukh was hoisted flag with the theme yoga. After flag hoisting there was a Special lecture session, all the volunteers gathered with their yoga mats to perform yoga on World Yoga Day. Resource person for the day was Sir Shivakumar K. M, International Yoga Practitioner and Personal development trainer. Sir performed yoga with our all the volunteers and talked about Yoga and it's benefits and sir also taught about soft skills, it was very motivational and interactive session. After that all the volunteers had their breakfast around 11:30. The food department for the day was team Nandi Hill. After that all



the volunteers were again divided into two groups. One group went to Shramadhan in Kengal Hunumantha Swamy temple to get rid of small plastics that would harm the premises and gave awareness to people in temple. And the other group went to complete the painting which was half done the previous day. Our few teachers have visited campsite to motivate us and gave inspirational speech and later we all had our lunch and started to prepare for cultural. All the volunteers assembled in campsite for flag Dehoisting. The fall in time was 6:00 pm, all the volunteers gathered near stage and cultural started around 6:30 pm. All the volunteers from all team gave their best and performed good in cultural later all the volunteers returned to campsite and had their dinner. After dinner all the team started to planning for the next day and later wrote camp dairy and got signed by Manjunath Sir and went to sleep around 11:00 pm



Day 06

Day 06, 22-06-2024, All the volunteers got up and reported for flag hoisting ceremony around 5:45 am. The flag hoisting theme was World Rainforest Day and it was done by team Nandi Hill. After flag hoisting all the volunteers except few went to near by hill for trekking, before they all returned back team Anjanadri was in charge of food department they have all helped to prepare food and all the volunteers had their breakfast. Then Manjunath Sir gave 1 hour time for all the volunteers to fresh up and took everyone to Kengal Hunumantha Swamy temple, after visiting temple all the volunteers were assigned to clean the temple premises. After Shramadhan all the volunteers had Prasada in temple and returned to campsite. Few of our ex-NSS volunteers have come to the camp for a day and Later all the volunteers along with super seniors visited Solid Waste Disposal Unit which was 5-6 kms away from the





campsite. There all the volunteers have learned how can waste products recycle and reuse in better form. After returning to campsite all the volunteers were gathered for flag dehoist around 5:00. After flag dehoist all volunteers started to prepare for cultural and reported near stage around 6:00. All the volunteers performed and returned to campsite and started preparation for the most awaited and exiting part of the camp i.e. 'The Camp Lightning Ceremony ' (Shibira Jyoti). The volunteers decorated the area with colours, flowers and so on Shibira Jyoti involves lightning up of candles across the border of India map alongside signing patriotic songs. It is known for significant wave in the volunteers about the concepts of patriotism, brotherhood and national integrity. All the volunteers lighted the candles and enlightened the camp with 'n' number of candles. Later all the volunteers had dinner and made preparations for the valedictory of the camp.

Day 07

Day 07, Last day of camp i.e, 23-06-2024, was a full of treasured memories to take back with us. All the volunteers got up early and assembled in campsite for flag hoist. Team Anjanadri hoisted the flag with Paris Olympic theme. After flag hoisting all the volunteers started preparations for valedictory, volunteers performed Dollukunitha and Kamsalee in streets of village around 10:00 am. The program started with invoking prayers to God. The stage was blessed with the presence of our chief guest NSS coordinator Dr. H.G. Govinda Gowda sir, Sub-inspector of Chennapattana Sri Harish sir and members of Kengal village Sri Bhommayya sir, Sri Arasayya sir, Sri Suresh sir, Sri Shivakumar sir. Some of the guests addressed the gathering, Sub-inspector Harish sir gave inspirational speech. The chief guest of the ceremony has facilitated NSS volunteers with Certificate as a token of appreciation of completion of 7 days NSS camp. The valedictory programme was concluded by recital of our National Anthem.



After the programme, all the volunteers had their lunch, packed their bags and left the campsite around 4:00 pm taking a lot of experiences, lessons, memories, knowledge, friendship which the volunteers would cherish for the rest of their life



NATIONAL INTEGRATION CAMP (KARWAR)

NSS Volunteer of Seshadripuram College Lithesh R participated in the prestigious NIC (National Integration Camp) held at Karnataka University, Karwar from 22nd November 2023 to 28th November 2023.

Bengaluru City University in association with Karnataka University P.G center, Kodibagh, Karwar and National Service Scheme cell had organized a National Integration Camp(NIC) to promote Integrity and unity in diversity and to portrait different cultures at Karwar know as 'Kashmir of Karnataka'



NATIONAL INTEGRATION CAMP (MANGALORE)

NSS Volunteer Varsha KC was selected for National Integration Camp organized by State NSS Cell, Department of Youth Empowerment and Sports, Government of Karnataka in collaboration with NSS Unit, Yenepoya (Deemed to be University), Mangalore from 17-12-2023 to 23-12-2023



NATIONAL REPUBLIC DAY CAMP 2024



NSS volunteer PAVITHRA.M was selected for 75th National republic day camp 2024 which was held in JLN stadium New Delhi from 01-01-2024 to 31-01-2024. Pavithra completed Pre RD camp in GKVK college Bengaluru and SOUTH ZONE in Cauvery women's college Trichy Tamilnadu from 30-10-2023 to 08-11-2023.

Pavithra was in the main troupe and marched in front of the President , Prime minister on 26 January 2024.



POLICE EXPERIENTIAL LEARNING PROGRAM

The SPELP was hosted by Ministry of Youth Affairs and Sports department through My Bharath portal. The Student Police Experiential Learning Program (SPELP) was conducted at Cubbon Park Police Station. The program was conducted from 11th of January 2024 to 11th of February 2024. Bharath Kumar R, Kishore A, Kishore S, Lithesh R, Navami L and Samuel V are the six volunteers who participated in this program. The volunteers had walk through how actually policing works and policemen's life.



STATE LEVEL YOUTH LEADERSHIP CAMP (BU)

Bengaluru University in organisation with Karnataka Gandhi smaraka Nidhi, National Service scheme had organised state youth camp it is a motivation camp on " Human values through Gandhian Thoughts".

NSS Volunteers Chaithra D M and Grish V actively participated in the camp which was held from 25th to 29 Jan 2024 at NSS Bhavan, Bengaluru University.



STATE LEVEL YOUTH LEADERSHIP CAMP ON GANDHIAN VALUES

4 of Our NSS Volunteers attended the State level youth leadership camp on Gandhian values taking place between 16/2/2024 to 20/2/2024 at sri sai vinaya dhama, SS ghati, Doddaballpur .At the camp our volunteers learned self defence and how to keep our body awake and aware of our surroundings through Yoga and exercises.They were lectured by many notable people like Nadoja Dr Wooday P Krishna (president of Karnataka Gandhi smaraka nidhi) , Acharya Vinay vinekar (sri sai vinaya dhama),Dr H G Govinda Gowda(NSS co-ordinator,Bengaluru City University), Shri.S.Veerabhadraiah (advisory committee member,SIMS). They inspired our volunteers on how Gandhian values like truth,ahimsa makes us a better citizen.The Camp's motive was " Empowering youth Through Gandhian principles".



STATE YOUTH FESTIVAL CAMP 2023-24

NSS volunteers VARSHA KC, PAVITHRA M, MS MANASA was selected to STATE YOUTH FESTIVAL CAMP 2023-24 held from 20th to 24th February 2024 at NSS Bhavan, sahuakar chennaiah Road, Saraswathipuram, Mysuru organised by University of Mysore. Bengaluru City University won 1st place in group dance 2nd place in debate and 3rd place in essay writing.



NSS Programme Officer Manjunath H
Assistant professor in Mathematics Serving duty
as a Contingent leader for State Republic Day
parade at Maniksha Parade ground and
Representing State NSS Parade Contingent





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